

**Table 2D**  
**2002 Pregnancy Nutrition Surveillance** (1)  
**Nation**  
**Summary of Health Indicators**

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Run Date: 12 / 31 / 03

Summary of Health Indicators (2)		
	National Prevalence	
	Number	%
Prepregnancy BMI (3)		
Underweight	658,420	12.7
Normal Weight	658,420	45.2
Overweight	658,420	14.4
Obese	658,420	27.8
Maternal Weight Gain (4)		
Less Than Ideal	558,066	25.7
Ideal	558,066	43.5
Greater Than Ideal	558,066	30.8
Anemia (Low Hb/Hct) (5)		
1st Trimester	196,351	6.5
2nd Trimester	186,011	10.3
3rd Trimester	100,071	30.6
Postpartum	518,731	35.1
Parity (6)		
0	640,776	46.5
1	640,776	27.3
2	640,776	15.2
≥ 3	640,776	11.0
Interpregnancy Interval		
< 6 Months	378,012	13.0
6 - <18 Months	378,012	27.6
≥18 Months	378,012	59.4

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI < 19.8), normal weight (BMI 19.9 to 26.0), overweight (BMI >26.0 to 29.0), obese (BMI >29.0).

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(5) Based on 1990 CDC MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

(6) Number of times a woman has given birth to an infant 20 or more weeks gestation.

\* Percentages are not calculated if <100 records are available for analysis after exclusions.

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(1)

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Summary of Health Indicators (2)		
	National Prevalence	
	Number	%
Medical Care		
1st Trimester	437,601	75.9
No Care	437,601	9.6
WIC Enrollment		
1st Trimester	666,694	27.4
2nd Trimester	666,694	29.4
3rd Trimester	666,694	23.4
Postpartum (3)	666,694	19.9
Smoking		
3 Months Prior to Pregnancy	591,104	30.8
During Pregnancy	528,742	19.2
Last 3 Months of Pregnancy	423,755	20.3
Postpartum	467,521	20.8
Smoking Changes (4)		
Quit Smoking by First Prenatal Visit	165,120	41.5
Quit Smoking by First Prenatal Visit and Stayed Off Cigarettes	107,528	31.1
Smoking in Household		
During Pregnancy	305,692	27.7
Postpartum	340,900	24.0
Drinking		
3 Months Prior to Pregnancy	535,600	8.8
Last 3 Months of Pregnancy	414,835	0.8

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Women who initially enrolled in WIC during the postpartum period.

(4) Among women who smoked 3 months prior to pregnancy.

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**2002 Pregnancy Nutrition Surveillance** <sup>(1)</sup>  
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Page: 4  
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Summary of Health Indicators <sup>(2)</sup>		
	National Prevalence	
	Number	%
Birthweight (3)		
Very Low	572,813	1.1
Low	572,813	6.9
Normal	572,813	84.5
High	572,813	7.5
Preterm (4)	559,297	11.2
Full term Low Birth Weight (5)	478,431	4.0
Multiple Births	561,253	1.7
Breastfeeding		
Ever Breastfed	583,994	55.7

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data or errors.

(3) Very low birth weight (<1500 g), low birth weight (1500 - <2500 g), normal birth weight (2500 - <4000 g), high birth weight (>4000 g).

(4) <37 weeks gestation.

(5) 37 or more weeks gestation and <2500 g.